

# Change is good. Healthy change is better.



It's time to fit into  
your life!  
Attend a courtesy  
weight loss  
surgery seminar.

## Weight Loss Surgery Program

The right care at the right time, every time.

Our Albuquerque-based weight loss surgery program may be the right choice for you. Led by four fellowship-trained Bariatric surgeons, our weight loss surgery program offers you flexible options and comprehensive care before, during, and after surgery that will help you make a healthy change for life.

Optum Bariatrics is proud to offer three weight loss surgery options:  
Adjustable Gastric Banding- Vertical Sleeve Gastrectomy- Laparoscopic Gastric Bypass

**Visit [nmbariatrics.optum.com](http://nmbariatrics.optum.com) for more information.**

**UPCOMING SEMINARS:** Interested in weight loss surgery? Call (505) 262-7281 to attend our no cost informational seminar. *Seating is limited, so reserve your spot today!*

Saturday, February 15, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE

Saturday, March 21, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE

Saturday, April 18, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE

Saturday, May 16, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE

Saturday, June 20, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE

Saturday, July 18, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE

Saturday, August 15, 2020 - 10:00 AM to 12:00 PM – Journal Center – 5150 Journal Center Blvd. NE